

Summarized Allowable Expense List

Professional Service

Acupuncturist (qualified medical practitioner)	Pediatrician
Chiropracist	Physician
Chiropractor	Physiotherapist
Christian Science Practitioner	Plastic Surgeon
Dental Mechanic	Podiatrist
Dentist	Practical Nurse (medical services only)
Dermatologist	Psychiatrist
Gynecologist	Psychoanalyst
Massage (Provincially Registered Therapist)	Psychologist Registered
Naturopaths	Midwife Registered
Neurologist	Nurse
Obstetrician	Speech Therapist (pathological or audiological impediments only)
Optician	Surgeon
Optometrist	
Orthopedist	
Osteopath	

Dental

Cleaning, polishing, oral hygiene instruction	Extracting Teeth
Dental Checkups	Filling Teeth including root canal
Dental X-rays	Fluoride treatments
Dentures	Gum Treatment
Orthodontics	

Hospital

Anesthetist	Oxygen Masks / Tent
Hospital Bills	Vaccines
Outpatient Services	X-ray Technician

Vision

Artificial Eye	Optician
Eye glasses or Contact Lens (prescribed)	Optometrist
Laser Eye surgery	

Medicines

Any medicine or drug purchased. Prescribed by a medical practitioner or dentist and recorded by a licensed pharmacist	Oxygen Tapes or tablets for sugar content tests by diabetics, if the procedure has been required by a physician
Insulin or Substitutes	Vitamin B12 - for pernicious anemia
Liver Extract - injectable for pernicious anemia	

Premiums

Premium paid to a non-government medical or hospital care plan	(e.g. Blue Cross, Manulife Flexcare, Sun Life Affinity)
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